



APRIL 2016 SENIOR NEWSLETTER



La Verne Community Center
3680 "D" Street
La Verne, CA 91750
(909) 596-8776

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2016

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NEW! SENIOR SEMINAR SERIES:
THE 4TH WEDNESDAY OF
EVERY MONTH AT THE LA VERNE
COMMUNITY CENTER
9:30 - 11:00 AM
R.S.V.P. to (909) 596-8776

WILLS & TRUSTS
Wednesday, April 27th
Presented by Gaudy Law
Learn the basics and so much more
about trusts, wills and living trusts.

SPECIAL CITY
SPONSORED LUNCH
Tuesday, April 5th
11:30 AM
Spring has sprung! Join us for
this special FREE luncheon to
welcome the spring season.
Please call (909) 596-8778 to
make your reservations.
Reservations must be made at
least one day ahead by 11:00
AM. These lunches are FREE to
seniors 60 and older.



PLEASE NOTE:
There will be **NO**
Lunch Program on
Thursday, April 14th
due to the special
Volunteer
Recognition Event.
Thank you.

6TH ANNUAL COMMUNITY
YARD SALE
Saturday, April 23rd, 8:00 AM-1:00 PM
Bonita High School Parking Lot,
3102 "D" Street

"One person's trash is another person's
treasure." Not only is the event a great way to
re-use completely high-quality items, it helps
the City of La Verne to meet difficult state
waste diversion requirements by keeping
items out of local landfills. **Admission and**
parking are free, so come early and enjoy
the day! If you are interested in renting a
space for \$25, please call (909) 593-5265.

SAVE THE DATE!
DINNER DANCE
EXTRAVAGANZA
Sunday, May 22nd
5:00-8:00 PM
For just \$10, enjoy an
"Evening in Paris" filled
with live music by Global
Affair, dancing, a lovely
dinner, wine and much
more! R.S.V.P. today at
the Community Services
Office in City Hall,
Monday-Thursday 8:00
AM-6:00 PM. For more
info, please call
(909) 596-8700.
Thank you to our
sponsors: *Humana,*
TMB Insurance Services
& Casa Colina.

"SIP OF LA VERNE" WINE WALK
Saturday, April 30th, 5:00-8:30 PM
Old Town La Verne; "D" & Third Street
just south of Bonita
\$35 tickets at oldtownwinewalk.com
(\$40 after April 22nd, only if tickets remain
available)

Merchants throughout Old Town offer wine
tastings and local restaurant food offerings.
Live music throughout is also part of the fes-
tivities. This event sells out every year, so get
your tickets now! For more information, con-
tact City of La Verne at (909) 596-8706 or the
La Verne Chamber of Commerce at
(909) 593-5265.

FREE AARP TAX AIDE
ASSISTANCE
Do you have questions about
your taxes? Would you like
assistance in completing your
income tax form this year?
AARP's tax aide program has
trained volunteers who are
willing to help you.
Volunteers provide free
assistance to low or moderate
income seniors by filling out
simple tax returns and
answering tax questions. Please
call the Community Center at
(909) 596-8776 to schedule an
appointment for FREE!
Appointments will be held
Tuesdays and Wednesdays
continuing thru April 13th.

TAKE A TRIP WITH LA VERNE! Friendly reminder to excursion participants, please remember to park on Durward Way. This allows you to park closer and also frees up the parking lot for City Hall and Community Center guests. Call Jennee at (909) 596-8776 from 8:00 AM to 4:00 PM Tuesday thru Thursday.

IMPORTANT: Registration is taken on a first-come-first-served basis and done at the Community Services Office, 3660 “D” St. For more info call (909) 596-8700.

***PLEASE NOTE:** Our buses have wheelchair/scooter compartments in the bottom of the bus, but participants must still be able to get from the sidewalk into the bus up 2 stairs.

Thank you.

****Trips scheduled to change!!****

**WINTER/SPRING
2016 TRIPS!**

VALLEY VIEW CASINO

Wednesday, April 13th

Try your luck at San Diego’s only Certified Loose Slots and all your favorite table games with beautifully appointed rooms and seven delicious restaurants. Everyone will receive \$25 “More Play!” Due to regulations, if you are a new member, please be prepared to give your Driver’s License Number and Expiration Date.

AGE: 21 & Up

**DEPARTURE TIME: 9:00 AM
RETURN TIME: 6:00 PM
FEE: \$25 (Lunch on your own)**

SAN DIEGO GASLAMP DISTRICT

Saturday, April 30th

Shop, dine and play in the historic Gaslamp Quarter in San Diego. There are blocks of restaurants, hotels and shops just waiting for you to discover. You will be on your own for the day to see what San Diego has to offer. Lunch will be on your own (there are so many restaurants like the Old Spaghetti Factory, House of Blues, Fred’s—and don’t forget to get a world

famous sundae from Ghirardelli’s). Do some research before you go! Wear comfortable shoes—there can be a lot of walking.

AGE: 18 & Up

DEPARTURE TIME: 8:30 AM

RETURN TIME: 6:00 PM

FEE: \$30 (Lunch on your own)

**NEW! EAST MEETS WEST
(AUTRY CENTER, BUDDHIST
TEMPLE & LUNCH AT
BENIHANA)**

Wednesday, May 25th

First you’ll learn about the legends of the Old West at the exciting Autry National Center.

It’s a showplace of historical Western artifacts and wonderfully creative exhibits. Next it’s lunch at the famous Benihana Teppan Restaurant. And it’s not just the food that makes this place great—it’s the way it’s prepared! Lunch includes: Choice of Chicken, Steak or Shrimp, Stir Fry Vegetables, Rice, Salad, Green Tea Ice Cream or Sherbet and Japanese Tea. Then, it’s off to the His Lai Buddhist Temple situated on a hilltop overlooking the La Puente Valley. Highlights of the tour include the Meditation Courtyard, Buddah Hall, the Bodhisattva Hall and Museum.

AGE: 18 & Up

DEPARTURE TIME: 9:00 AM

RETURN TIME: 5:00 PM

FEE: \$60 (Lunch included)

**THE GROVE/FARMER’S MARKET
& GRIFFITH OBSERVATORY**

Friday, June 17th

Back by popular demand! We will start out at the Grove/Farmer’s Market for shopping and dinner, then we are off to the Griffith Observatory. Plantarium tickets at the Observatory are available day of and are \$5/ seniors and \$7/adults—it’s a must see! Dinner will be on your own at the Grove/ Farmer’s Market where there are tons of places to choose from.

AGE: All Ages

RETURN TIME: 10:00 PM

FEE: \$25 (Dinner on your own)

**NEW! - DOLPHIN & WHALE
WATCHING CRUISE WITH
LUNCH AT THE
HARBORSIDE RESTAURANT**

Wednesday, June 29th

This exciting day begins with lunch at the Harborside Restaurant in Newport Beach. Lunch includes: choice of Poached Salmon, Mahi Fish Tacos or Yankee Pot Roast, Bread and Dessert decided upon arrival. After lunch, you’ll board the “Ocean Explorer” for a two-hour whale watching and dolphin adventure! This ship is 65-feet in length with a large upstairs sundeck, wrap around outdoor seating, snack bar with food and beverages, and indoor seating with large windows.

Bring your camera for this spectacular day on the water!

AGE: All Ages

DEPARTURE TIME: 10:00 AM

RETURN TIME: 5:30 PM

FEE: \$60 (Lunch included)

**NEW SUMMER/FALL
2016-2017 TRIP
SNEAK PEEK!**

**Please note: These trips will NOT be available for registration until mid-May.
CHECK THE MAY NEWSLETTER FOR MORE INFO!**

**AQUARIUM OF THE
PACIFIC & PIKE PLACE
Wednesday, July 20, 2016**

**REAGAN PRESIDENTIAL
LIBRARY WITH NEW
VATICAN SPLENDORS
EXHIBIT**

Thursday, July 28, 2016

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HEALTH AND WELLNESS

TRIPS CONT.

SHERMAN LIBRARY & GARDENS & FASHION ISLAND

Thursday, August 4, 2016

LAUGHLIN GETAWAY (3 DAYS-2 NIGHTS) AT THE RIVERSIDE RESORT HOTEL & CASINO FEATURING THE LAUGHLIN LUAU PARTY

Wednesday, August 24 —

Friday, August 26, 2016

NEW! COLORFUL SONGS OF BROADWAY “THE 40’s FOLLIES” SHOW & LUNCHEON

Wednesday, September 21, 2016

VALLEY VIEW CASINO - 2 CHANCES TO GO!

Wednesday, September 28, 2016 AND

Wednesday, January 25, 2017

A DAY IN SOLVANG

Saturday, October 8, 2016

NEW! TANAKA FARMS FOR PUMPKIN SEASON & LUNCH AT BUCA DI BEPPO

Thursday, October 27, 2016

NEW! “I LOVE LUCY” TOUR (HOLLYWOOD TOUR, EDELWEISS CHOCOLATE FACTORY & LUNCH AT HMS BOUNTY)

November TBD

NEW! “A CHRISTMAS CAROL” AT THE GLENDALE CENTRE THEATRE & LUNCH AT THE TAM O’ SHANTER

Saturday, December 3, 2016

MISSION INN FESTIVAL OF LIGHTS

Sunday, December 11, 2016

GETTY VILLA IN MALIBU

Wednesday, January 11, 2017

***QUESTIONS? Call Jennee Tuesday thru Thursday, 8:00 AM to 4:00 PM at (909) 596-8776.**

The following are health related services, which are offered on a regular basis at the La Verne Community Center (3680 “D” Street):

- **BLOOD PRESSURE CHECK**

Held the first Thursday of the month from 9:30 to 11:15 AM.

No appointment needed!

- **NEW! 15-MIN CHAIR MASSAGE**

Held the last Wednesday of the month-\$10.

Call (909) 596-8776 to make your appointment.

SENIOR STRUTTERS

The La Verne Community Services Department offers an ongoing Community walking program called the Senior Strutters. If you would like to talk and make new friends, come join us Monday, Wednesday, and Friday at 7:00 AM sharp! We walk a different route every day between 2 and 3 miles.

APRIL SCHEDULE

Fri. 4/1: Brackett Field Airport

Walk to Puddingstone & back

Mon. 4/4: Senior Center

Walk to Hillcrest area & back

Wed. 4/6: Heritage Park La Verne

Walk thru the park & flood control

Fri. 4/8: Brackett Field Airport

Walk to Puddingstone & back

Mon. 4/11: Thompson Creek

Walk trail to end of road & back

Wed. 4/13: Claremont 10th & Indian Hill

Walk the area & back

Fri. 4/15: Brackett Field Airport

Walk to Puddingstone & back

Mon. 4/18: Thompson Creek

Walk trail to end of road & back

Wed. 4/20: Kuns Park

Walk to San Dimas

Fri. 4/22: Brackett Field Airport

Walk to Puddingstone & back

Mon. 4/25: Thompson Creek

Walk trail to end of road & back

Wed. 4/27: San Dimas Canyon Park

Walk to dog park area & back

Fri. 4/29: Brackett Field Airport

Walk to Puddingstone & back

For further information or questions contact:
Anna Grubb (909) 730-3322

Upcoming Events & Programs...

COMMUNITY SENIOR SERVICES VOLUNTEER ESCORT/DRIVER REIMBURSEMENT PROGRAM

This program is designed to help senior and disabled residents of Claremont, La Verne, Pomona and San Dimas who can't easily use existing transportation. Program participants recruit their own volunteer drivers from among their friends and neighbors. Passengers then have the means to reimburse them for mileage costs. The program is allowed to cross city and county lines, but most importantly it provides an opportunity for volunteers to share companionship and friendships. And that's the whole idea behind Community Senior Services, which is acting as the umbrella agency. Community Connections staff will do extensive phone interviews with applicants. For more information or to apply, call (909) 621-9900 Monday through Friday from 11:00 AM to 3:00 PM.

GARDENING AS THERAPY

Feeling stressed, anxious, or depressed? Do you have difficulty managing anger or connecting with your children, family, or friends? If so, then Therapeutic Community gardening may be able to help you. Therapeutic Community Gardening (TCG) is a free program open to all residents of the cities Pomona, Claremont, and La Verne. Weekly groups are conducted with families (parents/caregivers & their children), youth (ages 16-25), adults (of all ages), and military veterans. Through gardening and group activities, participants learn how to grow their own fruits, vegetables, flowers, herbs, and other plants, while connecting with others in their community and having fun! For more information contact Luis Resendez at (909) 784-3299 or lresendez@tricitymhs.org. All calls are confidential.

LA VERNE FRESH OLD TOWN CERTIFIED FARMERS MARKET Every Saturday Morning 8:00 AM to 1:00 PM - Rain or Shine! Old Town La Verne (corner of "D" and Third Street)

The market features a wide variety of fresh fruits and vegetables, specialty foods, fresh flowers and plants, limited packaged food and unique handcrafted artisan goods. Live music is always provided. For current information, please check out La Verne Fresh on Facebook, or call (714) 345-3087 or (909) 596-8706.

TUESDAY MORNING DISCUSSION GROUP CONCLUSION

**Community Senior Services
Submitted by: Joan Reyes**

With sadness I am announcing the closing of the Tuesday Morning Discussion Group. Over the past 25 years every Tuesday morning the Discussion Group could be found in Classroom 1, but this will no longer be the case. Due to a drop in attendees, we have decided to recreate ourselves so we have morphed into a book club. In speaking with Tom, at the La Verne Library, we could have begun a new second chapter there, but Norma, another member, and I have decided to join an existing book club at the Claremont Library. If anyone would like to join a book club, there are actually two in the area—the San Dimas Book Club located in the San Dimas Community Center on Bonita Avenue meets the first Wednesday of the month from 10:30-11:30 AM, and the Claremont Book Club meets at the Claremont Library, 208 Harvard Ave., Claremont, the first Friday of the month from 10:00-11:00 AM. Thank you to those who attended our Discussion Group over the years for your support! Maybe we will see a few of you at either book club, so for now, here is to happy reading!

LA VERNE HISTORICAL SOCIETY SAM MALOOF HOUSE TOUR

Friday, May 20th

The La Verne Historical Society is sponsoring an exclusive tour of the Sam Maloof House and Garden on Friday, May 20th. Sam Maloof was an internationally known woodworker and created many beautiful furniture pieces that are exhibited in museums throughout the world. He is perhaps best known for making the famous President Kennedy rocking chair. Transportation will be provided FREE and the bus for this event will start loading at 8:45 AM and leave at 9:00 AM. The bus will return at 2:30 PM. Participants need to bring a sack lunch and drink. The tour will leave from the home of Sherry Best at 3949 Bradford Street in La Verne. Ample parking is available on the street. The Maloof House & Garden Tour is available to La Verne Historical Society members for a cost of \$20. A yearly membership in the La Verne Historical Society is \$15 for a single or couple. The total for non-members to participate on this tour is \$35. Please contact Sherry Best at sbest@lavernehistoricalociety.org or (909) 596-4679 to RESERVE YOUR SEAT or if you have questions about this event. Seating is limited to 40 participants and reservations are required.

CLUBS, PROGRAMS & SERVICES

Senior Citizens Advisory Committee

Wednesday,
April 20th

10:00 to 11:15 AM

The City Council of La Verne established the Senior Citizens Advisory Committee in October 1989. This Committee has been responsible for all of the senior activities, lunch program, many equipment upgrades and beautification projects at the Community Center. We encourage you to attend these public meetings and share your thoughts, ideas, and/or concerns.

Join us at the SAC Meetings. Your input is important!

Lost & Found

The Community Center has a Lost & Found Closet. If you think you lost an item, ask a staff member to check the closet for you next time you are at the Center. Or call (909) 596-8776 to ask over the phone.



THE SENIOR GOLF LEAGUE OF LA VERNE



After 3 rounds of competition in March, because there were 5 Tuesdays in March, we will only have 2 rounds of competition in April. The first date for April is Tuesday, April 12th. We will have our annual Master's Tournament format that day. Each of our golfers will draw the name of one of the top finishers in the Master's tournament held in Augusta, Georgia the weekend before we play on April 12th. We'll combine our golfers' scores for the day with the total four-day score of their Master's tournament partner to determine the winners. First place will pay \$20, with \$15 and \$10 going to the second and third place finishers. Also, the winner will get a new green golf shirt. We're sorry it's not a green jacket as is given to the golfer winning the Master's. Our second golf date in April is the fourth Tuesday. It's April 26th.

If you'd like to join the La Verne Senior Golf League, whether you are a woman or a man, contact Ed Linberg or George Borst. You may contact Ed at this email address:

emlinberg@earthlink.net. George's email address is: jegaborst2002@yahoo.com. If you prefer to talk to a person, you can reach Ed at (909) 392-6688 or George at (909) 596-3982. We play on the second and fourth Tuesdays of the month beginning at 9:00 AM. We also play on fifth Tuesdays once a quarter, as already noted we'll do in March.

For your information, as a potential new player in the La Verne Senior Golf League, other than the green and cart fees paid to the course, we charge \$5 per golfer to provide for the prizes we award each time we play. The green fee, with a cart, is \$28.25 with the LA County Senior Golf Card. Golfers 65+ can obtain the aforementioned Senior Card, which is good for one year from the date of purchase, for a \$28 fee at Marshall Canyon, or at other LA County Golf Course. With it, you get a 50% reduction of your green fee at any of the 19 LA County Golf Courses. When you've played two rounds, you've paid for the cost of your card. After that, it's money going into your pocket and what golfer doesn't like to get money in his or her pocket!

SENIOR SOCIAL CLUB

The annual fee is \$5 per member and \$.50 per week. This covers the cost of the Christmas Luncheon, other feasts, coffee, tea & supplies. We will be happy to teach you Pinochle if you don't already know how. During our last session we had 2 tables playing Pinochle which is great fun. We play Pinochle and tile games or anything that you care to bring into our Monday sessions. We also play Mexican Mule Train and Kings in the Corner in the afternoon.

If that sounds better than watching TV, give us a visit. We meet each Monday from 9:00 AM to 3:00 PM. You don't have to be here at 9:00 AM. Come when you can, leave when you must. First one in makes you must. First one in makes the coffee. Most of our group takes advantage of the lunch program at the Center, or you can bring your own lunch. Come meet new people-guests are always welcome. It's a nice way to find out if it suits your style. Give us a try on Mondays!



Daily Calendar APRIL 2016

All classes and programs are held at the La Verne Community Center, 3680 "D" Street, unless indicated at Veterans Hall. Veterans Hall is located at 1550 Bonita Avenue. For further information and class descriptions please refer to the Winter/Spring 2016 issue of the *City Newsletter and Recreation Guide*. Unless otherwise noted, the Center is closed Saturdays and Sundays.

Friday, April 1

9:00 AM—Digital Photography
9:30 AM—Bone Builders
11:30 AM—Senior Lunch Program
12:30 PM—Bingo

Monday, April 4

8:30 AM—Quilting
9:00 AM—Home Business
9:00 AM—Senior Social Club
11:30 AM—Senior Lunch Program
12:30 PM—Sewing
6:00 PM—Decorative Art
6:15 PM—Jazzercise

Tuesday, April 5

8:30 AM—**Tax Aide**
8:00 AM—Aerobics (Healthy Aging)
9:00 AM—**AARP Mature Driving**
9:00 AM—Basic Computing Level I
9:00 AM—Watercolor
9:30 AM—Bone Builders
11:30 AM—**Special City Sponsored Lunch**
1:00 PM—Gardening
1:30 PM—Balance & Mobility
6:00 PM—Woodcarvers

Wednesday, April 6

8:30 AM—**Tax Aide**
9:30 AM—Bone Builders
11:30 AM—Senior Lunch Program
11:30 AM—Canasta
12:15 PM—Bridge
1:00 PM—**Golden Investment Meeting**
6:15 PM—Jazzercise
7:00 PM—Folk Dancing (Veterans Hall)

Thursday, April 7

8:00 AM—Aerobics (Healthy Aging)
9:00 AM—Drawing
9:00 AM—Internet Research
9:30 AM—**Blood Pressure Check**
9:30 AM—Bone Builders
11:30 AM—Senior Lunch Program
1:00 PM—Tai Chi
1:30 AM—Balance & Mobility

Friday, April 8

9:00 AM—Digital Photography
9:30 AM—Bone Builders
11:30 AM—Senior Lunch Program
12:30 PM—Bingo
12:30 PM—Acrylic Painting

Monday, April 11

8:30 AM—Quilting
9:00 AM—Home Business
9:00 AM—Senior Social Club
11:30 AM—Senior Lunch Program
12:30 PM—Sewing
6:00 PM—Decorative Art
6:15 PM—Jazzercise

Tuesday, April 12

8:00 AM—Aerobics (Healthy Aging)
8:30 AM—**Tax Aide**
9:00 AM—Basic Computing Level I
9:00 AM—Watercolor
9:30 AM—Bone Builders
11:30 AM—Senior Lunch Program
1:00 PM—Gardening
1:30 PM—Balance & Mobility
6:00 PM—Woodcarvers

Wednesday, April 13

8:30 AM—**Tax Aide**
9:30 AM—Bone Builders
11:30 AM—Senior Lunch Program
11:30 AM—Canasta
12:15 PM—Bridge
6:15 PM—Jazzercise
7:00 PM—Folk Dancing (Veterans Hall)

Thursday, April 14

9:00 AM—Drawing
9:00 AM—Internet Research
10:00 AM—**Volunteer Recognition Brunch**
9:30 AM—Bone Builders
1:00 PM—**CCCLV General Meeting**
1:00 PM—Tai Chi
1:30 AM—Balance & Mobility

Daily Calendar continued Monday, April 25

Friday, April 15—TAX DAY

9:00 AM—Digital Photography
 9:30 AM—Bone Builders
 11:30 AM—Senior Lunch Program
 12:30 PM—Bingo
 12:30 PM—Acrylic Painting

Monday, April 18

8:30 AM—Quilting
 9:00 AM—Home Business
 9:00 AM—Senior Social Club
 11:30 AM—Senior Lunch Program
 12:30 PM—Sewing
 6:00 PM—Decorative Art
 6:15 PM—Jazzercise

Tuesday, April 19

8:00 AM—Aerobics (Healthy Aging)
 9:00 AM—Basic Computing Level I
 9:00 AM—Watercolor
 9:30 AM—Bone Builders
 11:30 AM—Senior Lunch Program
 1:30 PM—Balance & Mobility
 6:00 PM—Woodcarvers

Wednesday, April 20

9:30 AM—Bone Builders
 10:00 AM—SAC Meeting
 11:30 AM—Senior Lunch Program
 12:00 PM—Canasta
 12:15 PM—Bridge
 6:15 PM—Jazzercise
 7:00 PM—Folk Dancing (Veterans Hall)

Thursday, April 21

8:00 AM—Aerobics (Healthy Aging)
 9:00 AM—Basic Computing Level I
 9:00 AM—Drawing
 9:30 AM—Bone Builders
 11:30 AM—Senior Lunch Program
 1:00 PM—Tai Chi
 1:30 PM—Balance & Mobility

Friday, April 22

9:00 AM—Digital Photography
 9:30 AM—Bone Builders
 10:00 AM—Attorney
 11:30 AM—Senior Lunch Program
 12:30 PM—Bingo
 12:30 PM—Acrylic Painting

Monday, April 25

8:30 AM—Quilting
 9:00 AM—Home Business
 9:00 AM—Senior Social Club
 11:30 AM—Senior Lunch Program
 12:30 PM—Sewing
 6:00 PM—Decorative Art
 6:15 PM—Jazzercise

Tuesday, April 26

8:00 AM—Aerobics (Healthy Aging)
 9:00 AM—Basic Computing Level I
 9:00 AM—Watercolor
 9:30 AM—Bone Builders
 11:30 AM—Senior Lunch Program
 1:00 PM—Gardening
 1:30 PM—Balance & Mobility
 6:00 PM—Woodcarvers

Wednesday, April 27

9:30 AM—Bone Builders
 9:30 AM—Senior Seminar Series—
 "Wills & Trusts"
 11:30 AM—Senior Lunch Program
 12:00 PM—Chair Massage
 12:15 PM—Bridge
 6:15 PM—Jazzercise
 7:00 PM—Folk Dancing (Veterans Hall)

Thursday, April 28

8:00 AM—Aerobics (Healthy Aging)
 9:00 AM—Basic Computing Level I
 9:00 AM—Drawing
 9:30 AM—Bone Builders
 11:30 AM—Senior Lunch Program
 1:00 PM—Tai Chi
 1:30 PM—Balance & Mobility
 6:00 PM—Sunkissed Stitchers

Friday, April 29

9:00 AM—Digital Photography
 9:30 AM—Bone Builders
 11:30 AM—Senior Lunch Program
 12:30 PM—Bingo
 12:30 PM—Acrylic Painting



****REGISTRATION
 FOR SUMMER
 MT. SAC COMPUTER
 CLASSES WILL BE
 TUESDAY, MAY 10TH
 AT 10:00 AM.
 (SUMMER SESSION
 BEGINS JUNE 20TH)**

CLUBS, PROGRAMS & SERVICES CONT.....



BINGO—Bigger Payouts!!!



BINGO TIME 12:45 PM.

***THE SELLING OF PAPER WILL CEASE AT 12:30 PM!**

****Last game of the last Friday of the month, the payout is \$200...no joke!****

La Verne Bingo is better than ever! Bingo is held every Friday from 12:30 PM to 3:00 PM at the Community Center. It's \$5 for the first pack and \$2 for each additional pack. Payouts are as follows: each regular game is normally \$60 depending on attendance, one odd and even game is \$100, one 3 face Bingo is \$100, 2 blackouts are \$125 each and the pull tabs are \$125. There are two \$10 intermission prizes. On the last Friday of the month we will have four \$10 prizes. A total of 12 regular games will be played plus the specials. We have added a power ball to the regular games. If you win on the power ball your payout is increased by the amount at that time. Bring your daubers, as we don't play hard cards. Any person 18 years of age or older is welcome to play. Reservations are not required for Bingo. **Why not complete the day with lunch just prior to playing Bingo? You MUST call one day in advance by 11:00 AM for lunch reservations at (909) 596-8778.**

COMMUNITY COMPUTER CLUB OF LA VERNE- PC

If you would like to learn more about computers, the Community Computer Club of La Verne offers help. The door is open to everyone who is interested. ****Check out our website: theccclv.us**

Yearly Dues:

\$12/person per year

\$18/couple per year

MARCH SCHEDULE

Wednesday, March 2nd:

Golden Investment SIG 1:00-4:00 PM

Thursday, March 10th:

Board Meeting 12:15 PM

General Meeting 1:00 PM - This meeting is open to the public

DUPLICATE BRIDGE

Do you like to play Bridge?
Would like to join a great group of people to play?
Duplicate Bridge is here at the Community Center every Wednesday from 12:15-4:00 PM. Please call leader Barbara before joining at (909) 592-8524.

FREE SENIOR LEGAL CONSULTATION

At the Community Center

Do you have a question regarding a legal matter? Howard Hawkins, Attorney-at-Law, will be on hand to answer your questions. Call (909) 596-8776 to arrange an appointment - waiting lists are available.

Next Appointment:

Friday, April 22nd

Appointments subject to change.

SENIOR HELP LINE

The Senior Help Line, (909) 625-4600, is an information and referral help line you can call to have your questions answered by trained, knowledgeable people who want to help you. The Help Line service is in the office of Community Senior Services, located in Claremont. For further information, please call Community Senior Services at (909) 621-9900.

Get About Transportation

Transportation is available
Weekdays: 6 AM-7:30 PM
Saturdays: 8:30 AM-5 PM
Sundays: 8:30 AM-3 PM
The dispatch number is 909-596-5964. Applications may be obtained at Community Senior Services, 141 S. Spring St., Claremont, **please call (909) 621-9900 to register.**

NEW CLASSES TO CHECK OUT (Pre-registration required for fee & charge classes!)

AARP's Driver Safety Course

This class, offered at the Community Center, refines existing driving skills, and develops safe defensive driving techniques. Each month, the eight-hour class is presented by AARP in two half-day sessions. The class is Tuesdays and Wednesdays from 9:00 AM to 1:00 PM. Lunch is not included; however, there is a short break and you may bring a snack if you wish. Registration fees are \$15 for AARP members and \$20 for non-members. Register at the Community Services Office (3660 "D" Street).

Driver Safety Program Renewal (1 day class):

Tuesday, April 5th

Driver Safety Program (2 day class):

Tuesday, May 10th & Wednesday, May 11th

You MUST register at the Community Services Office (3660 "D" Street)

YOGALATES (YOGA & PILATES)

Yoga teaches us excellent health with the physical benefits of increased flexibility and stamina, builds strength, improves muscle elasticity, joint mobility, balance and concentration, improves circulation, and promotes relaxation. Pilates develops a strong core or center of the body-flat abdominals. It alleviates back pain and other chronic ailments.

INSTRUCTOR: Victoria Galvez

DAYS/TIME: Thursdays, 7:00-8:00 PM

April 7 - April 28

FEE: \$25/session

ACRYLIC PAINTING

Learn the art of acrylic painting in the informative and fun filled class. Express your creativity through this affordable medium in a variety of styles. Students will explore the materials, tools, and techniques of this popular art material. First class meeting supplies will be free. Students will supply their own affordable paints, canvas, brushes, etc. after the first class.

INSTRUCTOR: Ray Tucker

DAYS/TIME: Fridays, 12:30-3:30 PM

April 8 - April 29

FEE: \$110/session

FUNDRAISING 101

Join us and learn how to keep the "FUN" in fundraising! You will learn some great tips on keeping your donors and volunteers motivated. Plus, and most importantly, keep yourself from feeling that "burnout."

INSTRUCTOR: Ana Marie Martinez-Devery

DAYS/TIME: Tuesdays and Thursdays,

5:30-7:30 PM

April 26 & April 28

OR

May 10 & 12

FEE: \$30

LOCATION: Community Center

NEW! - BEGINNER GOLF FOR ADULTS

Marshall Canyon Golf Course,

6100 Stephens Ranch Road

Learn the basic fundamentals of golf! This class will teach you the basic techniques of swinging, grips, hand placement, putting, full swing, chipping, and ball position. There will be on course play. Clubs available if needed.

INSTRUCTORS: Bruce Thompson & Kenny Murray

DAYS/TIME: Saturdays, 10:00-11:00 AM

Next session: May 7 - May 28

FEE: \$90/session

LA VERNE WRITERS' GROUP (LVWG)

The LVWG is a group of local writers who come together for help and support. A round-table discussion is held to critique each other's individual writings. We also hold an annual book reading to showcase our work.

The group is open to writers who have acquired all the necessary writing skills and are interested in critiquing their work. Prospective members will be asked to attend one month of the basic writing classes on Thursday nights.

The LVWG meets at the La Verne Community Center on Fridays from 1:30-3:30 PM. The fee is \$10 for four weeks. Anyone interested may contact us at LVWG@gmail.com.

Senior Ads:

The City of La Verne does not endorse or take responsibility for any items or goods advertised in this section.

Criteria for ads – Advertisements must be submitted to Jennee at the Community Center office by the 15th of each month in typed format or neatly printed. Please include name and phone number with ad copy.

****Our senior ads will NOT accept service ads, business ads, etc. This section is for items only (either items needed or items being sold).**

For Sale: 8 Ft. Sofa Bed-never used-\$250. **Tiffany Floor Lamp**-\$250. **Oval Glass Table**-\$35. **Antique Director Chair**-\$75. **Antique Chime Clock**-\$75. **Antique Solid Glass Table** (heavy)-\$200. **Antique Painting Coach**-\$400. **Antique Setee**-\$150. Please call Sandi Decker at (909) 596-2746.

Sherpa Animal Carrier—used once \$85. **Ladies Cowboy Boots**, Sizes 8 and 8.5, 6 pairs—\$50 each. **Collection of small to medium size stuffed Bears**. 16 of them—\$35 for all. **Collection of bells** - must see - over 50 - assorted sizes. \$90 for all. Call Evelyn at (909) 596-4984.

For sale: 80 cc Motor bicycle - near new. Black frame. 2 stroke gasoline. No driver's license necessary. Call Michael at (323) 236-6790 or email to michael-casarez14@yahoo.com.

For Sale: Sturdy “Slipper” Chair: Quilted seat, Quilted back. Recently upholstered in pink. Perfect for any girl's bedroom. Asking \$50. **Twin Siamese Cat Ceramic Nightlight:** One cat sitting up, other reclining against the other. Light is in back. Asking \$40. **Like new 4 Stuffed Penguins**, all different “breeds.” Asking \$20 each. **Blonde Wood Bench with Light Blue Quilted Seat.** Asking \$40. Please call (909) 596-6029.

For Sale: 2 Early American Living Room Birch wood end tables with doors: One square & one Sextigon, plus 1 matching coffee table with middle cabinet & doors & ends open. Asking \$75 for all 3 pieces. **1 Antique Elgin Treadle Sewing Machine in cabinet.** Made in Rockford, Ill. Top opens to expose machine. Asking \$75. **1 Vintage all wood maple cabinet with 3 drawers & storage unit** that opens for a Buffet table. Asking \$50. **1 Vintage all wood Library table** that could be used in an entryway or side buffet table. Asking \$50. Please call (909) 599-4371.

Woman's Bicycle, Hoe, Rakes, Shovel, For Sale Signs– C-21 Real Estate: Listing to Closing, Leg Magic Machine (increases strength & muscle mass in legs), **Men's New Flippers Size 8 & 9 & Sleeping Bag**-good condition all for Sale. Call Joan at (909) 596-7278.

Dining Room Table - Dark Brown. 2 Arm Chairs & 4 Side Chairs. 66x44 with 1 leaf. \$300 - in good condition with some scratches. Call Mary Ann Stagner at (703) 405-0457 to see!

EZ Access Wheelchair /Scooter Ramp 4” x 28’ Single Fold Suitcase. Durable, light-weight construction. Pictures available. \$150. Please call Christine at (909) 282-2635.

Piano in good condition \$380 OBO. **Corner Wood Cabinet** in good condition \$50 OBO. **Sewing Machine with Wood Cabinet** \$75. Call Ileana at (909) 599-4648, please leave a message, please talk slowly.

Ads will run for one month unless we are given notice

Please contact Jennee Cubak at the Community Center office to submit your own ad. (Let me know if you've sold your item as well.)

3680 “D” Street, La Verne, CA 91750
(909) 596-8776 Fax (909) 392-3937
jcubak@ci.la-verne.ca.us

Jennee Cubak, Editor

The Senior Newsletter is available online on our City web site:

www.ci.la-verne.ca.us

(Click on “Documents” tab on the top right...then click on “Community Services” “Senior Newsletter and Menu,” “Senior Newsletter 2016”)



RESOURCE DIRECTORY/IMPORTANT NUMBERS:



La Verne Community Center:
(909) 596-8776

Senior Help Line: (909) 625-4600

La Verne Community Center Lunch Program:
(909) 596-8778

Get About Transportation: (909) 596-5964

La Verne City Hall: (909) 596-8726

Meals on Wheels: (909) 596-1828

La Verne Community Services Office:
(909) 596-8700

La Verne Administration: (909) 596-8726

La Verne Library: (909) 596-1934

La Verne Building: (909)596-8713

Police Department: (909) 596-1913

La Verne Community Development:
(909) 596-8706

Fire Department: (909) 596-5991

La Verne Customer Service: (909) 596-8744

Mt. San Antonio College: (909) 594-5611

La Verne Finance Department:
(909) 596-8716

La Verne Chamber of Commerce:
(909) 593-5265

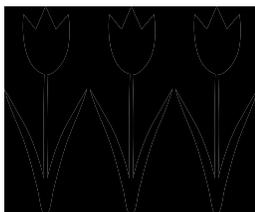
Flood Control (LA County): (626) 458-5100

Community Senior Services: (909) 621-9900

Humane Society: (909) 623-9777

La Verne Public Works: (909) 596-8741

JUST
TO
MAKE
YOU
SMILE



Spring

BUDS	G F S Q O I I S L S U R	RAINBOW
DAFFODILS	E D U R Y G N D M B K V	SEEDS
FLOWERS	B T A P T I Q E K D I F	SPRING
GRASS	S K N F A G H E H P B C	TULIPS
RAIN	P T D R F B W S Q P R J	UMBRELLA
	I S R E W O L F D T L S	
	L F H Z F G D S A N U M	
	U X U U F R R I D J T Z	
	T H C U Z A J A L U T V	
	U M B R E L L A S S B M	
	B N S M G N I R P S M K	
	R A I N B O W D J A C P	

APRIL

Don't forget! Tax day is April 15th!
Come let our AARP volunteers help you get your simple taxes done at no cost to you!

Volunteer Recognition Brunch

April 14th, 2016

A special event celebrating our fantastic volunteers! Invitation only. Thank you to our sponsors: Humana, Inter Valley Health Plan, Scan Health Plan, & Legal Shield!

Trust, Wills, and Living Trusts

April 27th, 2016 @ 9:30 a.m.

Learn the basics and so much more about trusts, wills, and living trusts from our Gaudy Law experts! You don't want to miss this presentation! R.S.V.P. today!



SNEAK PEAK

Senior Dinner Dance Extravaganza!

May 22nd, 2016 from 5-8 p.m.



For just \$10, enjoy an "evening in Paris" filled with live music by Global Affair, dancing, a lovely dinner, wine, and much more! R.S.V.P. today in the Community Services Office in City Hall, Monday-Thursday 8 a.m. – 6 p.m.!

Humana

**TMB Insurance
Services**

CASA COLINA
Hospital and Centers for Healthcare

For more information, please call the Community Center at (909) 596-8776.

